



www.tfn.org.uk

CITY OF NOTTINGHAM CHILDREN'S TRIATHLON

Saturday 13th September 2008
Clifton Leisure Centre, Clifton, Nottingham, NG11 8AB

Registration opens at 8.00am Provisional time for trophy presentations 2.00pm

Closing date for all entries will be Friday 5th September 2008

Categories Ages & Distances

GROUP	AGE on 31 st Dec 2008	SWIM (m)	Bike	RUN (m)
Tristar Start	8	50 [2 lengths]	800m	500 [1 lap]
Tristar 1	9/10	100 [4 lengths]	1600m [2 laps]	1000 [2 laps]
Tristar 2	11/12	200 [8 lengths]	4k [5]	1500 [3 laps]
Tristar 3	13/14	300 [12 lengths]	5.6k [7]	2000 [4 laps]
Youths	15/16	400 [16 lengths]	8k [10]	3000 [6 laps]

Course Details

Swim – 25m Indoor Heated Pool Bike – Enclosed Grass Course Run – Enclosed Grass Course

- This event is sanctioned and run under the BTF's rules for Children's Triathlon/Aquathlon events
- A competitor's age is taken as of 31/12/08 and **not** age on race day
- Prizes will be given to 1st, 2nd & 3rd in each age group (male & female)
- All competitors will have the opportunity to "walk the course" before the triathlon starts
- This event is part of the **East Midlands Tri Star and Youth Series 2008** for more information go to www.britishtriathlon.org/triathlonengland/eastmids/page.php?article=436&category=/eastmids/

This event is **ALWAYS** over subscribed so please have your entries in as soon as possible.

Please return completed entry form and appropriate fee to –
TFN Tri Club, 8 Glade Avenue, Wollaton, Nottingham NG8 1HN

Closing date for all entries is Friday 5th September 2008 or when full. Late entries will be charged £5 late entry fee



www.tfn.org.uk

CITY OF NOTTINGHAM CHILDREN'S TRIATHLON

Saturday 13th September 2008

Entry Fees

BTF Members £9

Non-BTF Members* £10 [to include day licence and insurance]

Please make cheques payable to **TFN Triathlon Club**

* All competitors in a BTF sanctioned event are required to be members of the BTF. By ticking the box above you are agreeing to your name being passed on to the BTF for the purpose of registering your day membership and providing insurance cover.

Closing date for all entries is Friday 5th September 2008 or when full. Late entries will be charged £5 late entry fee

First Name		Last Name	
Address.....			
Postcode.....			
Telephone Number		Mobile	
Email			
Age (at 31/12/08)		Date of Birth	Girl/Boy
BTF Membership Number		Club (if any)	

Estimated swim time for metres minutes seconds

Declaration I accept that the organisation can in no way be held responsible for any injury or loss howsoever caused, and that my child taking part in the event, is fully aware of the risks involved and the degree of fitness required. I am aware that my child's cycle must be in a roadworthy condition and checked immediately prior to the event and that wearing of an approved cycle helmet is mandatory.

I agree to abide by the rules of the BRITISH TRIATHLON FEDERATION

Signed.....Parent/Guardian/Carer

Date.....

NB Race information, directions etc will be on the website and issued by email shortly before the race. If you require hard copy please enclose an A5 stamped addressed envelope.